



PUBLIC SERVICES



Welcome to Public Services

The Public Services team would like to wish you a warm welcome to Bury College, we are here to support you to be successful and enjoy your studies.

You have joined us at an exciting and important time for Public Services as it has been recently well documented, the vital and important role our public services play in society. During your course we will support you to develop the vital skills and qualities needed to assist you in getting a job in public services or to progress onto higher education.

You can be sure of a positive future with us as you will develop your resilience, commitment, collaboration and communication skills.

This booklet has been designed to support your transition into college in readiness for a new exciting challenge. It includes lots of useful research links, recommended reading, TV shows, websites and activities for you to complete.

Please complete as much as you can as you will be required to show this to your tutor during your induction.

We look forward to meeting you soon.

The Public Services Team

DEVELOPING YOUR KNOWLEDGE:

Useful websites to follow

Greater Manchester Police

Crime, policing, justice, community and job vacancies.



https://www.gmp.police.uk/

Greater Manchester Fire and Rescue Service

Fire and rescue, community safety and job vacancies (including volunteering).



There is also a YouTube Manchester Fire Channel with some great videos on:

https://manchesterfire.gov.uk/

https://www.youtube.com/channel/UCSeJkboyggLYuoqifKAv5Ug

Greater Manchester Combined Authority – (GMCA)

Mayor of Greater Manchester – community, public services and jobs.



https://www.greatermanchester-ca.gov.uk/

TV Shows / Videos to watch:

As the content of these scenes are based on real life scenarios, please be aware these could contain derogatory language and some of the content may be distressing.

Warship: Life at Sea – Series 2	https://www.channel5.com/show/warship-life-at-sea/
Inside London Fire Brigade	https://www.youtube.com/watch?v=VKODzFQ050c
Police Interceptors – Series 16	https://www.youtube.com/watch?v=nUw9q_qvxwU
Channel 4 Despatches documentary: British Army Operations in Afghanistan	https://www.youtube.com/watch?v=rtC1hVA7pXE
Aylesbury Young Offenders Institute	https://www.youtube.com/watch?v=69t1gP7tBrw
First and last 24hrs in prison	https://www.youtube.com/watch?v=FLvs-hrmm1w
Army Assessment Tests for applicants	https://apply.army.mod.uk/how-to-join/can-i- join/fitness/physical-entry-standards
Army Fitness Tests for trained soldiers – new from March 2019	https://www.youtube.com/watch?v=UrojT8NpTE0
Our Girl (Series 1)	https://www.bbc.co.uk/programmes/p02631j3/episodes/guide
6 Days	Netflix
Dunkirk	Netflix
The first 48	CSI based documentary series on YouTube
999: On the front line	https://www.channel4.com/programmes/999-on-the-front-line/episode-guide
24hrs in Police Custody	https://www.channel4.com/programmes/24-hours-in-police-custody/episode-guide









BOOKS, LITERATURE AND MAGAZINES

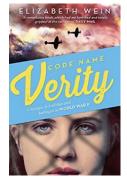
https://armycadets.com/news-and-events/publications/

There are 1000's of military and historical fictional books to enjoy which are often

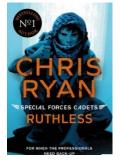
based on true factual events. Here are some of the best sellers according to Amazon and Waterstones:



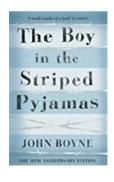






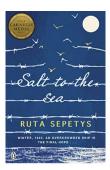


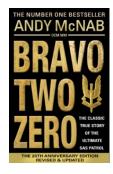














Course Reading List

The following text books will support your studies and are available in our college library:



ACTIVITIES

These activities are designed to develop your knowledge of Public Services ahead of starting your course.

Current Affairs - The Covid-19 Crisis

The Public Services are currently playing a vital role in the current crisis.

Can you complete the following;

1. Identify at least 3 Public Services who are currently involved in the pandemic crisis.

Α	В	С

2. For each of the public services you have identified, can you describe their main responsibilities during the pandemic. Can you include some specific examples?

A	
В	
6	
•	
С	

Tips – The following websites and news channels will be able to help you with this task!







Identifying Public Services

Can you identify who is who by identifying their logos below?







Uniform Requirements

Our logo was designed by Public Service learners to represent both Bury College and also the Blue Lights of the Emergency Services. It is proudly displayed on the uniform which you will need to wear as a Public Services student for **all lessons** and including an exercise and fitness kit which must be worn for **all practical activities**.

You can order your uniform on www.sport4Real.com who are our suppliers. Sport4real will also be present on your Bury College enrolment day if you want to place your order with them then. In addition to the uniform bundles available, additional items are also available to purchase separately.

Due to health and safety regulations, walking boots are also a compulsory item that must be worn during scheduled walking sessions or other outdoor activities; these can be purchased from Sports4Real or other stockists in the event that you do not already possess a pair.

If you have any further questions regarding the financial support that may be available, please enquire at Student Services during enrolment.

Use the following as a checklist to get prepared for college

Uniform	Practical Uniform	
Public Service Polo Shirt	Public Service Training T-Shirt	
Public Service Fleece	Public Service Waterproof Rain Jacket	
Public Service Black Cargo Pants with belt	Plain black Shorts, Track Pants or Leggings	
or	Trainers for practical activities	
Knee Length Black Skirt with black tights	Walking boots (with ankle support for walking/expeditions/navigation)	
Plain black footwear (Trainers, pumps, boots or formal shoes)	waiking/expeditions/flavigation/	



Job Roles in Public Services

Using the internet, research at least 3 employment opportunities in each of the following Public Services.

Public Service	Job Roles
The Police Force	
The Fire Service	
The Royal Navy	
The Army	
The Ambulance Service	
The Coastguard	
Choose a job role which most intere ole. Use the space below to explain	est you and research the skills and qualities you need to have for the job your findings.

The Police Force

- 1. How many Police forces are there in the UK?_____
- 2. Identify your nearest 5 police forces on the map below.

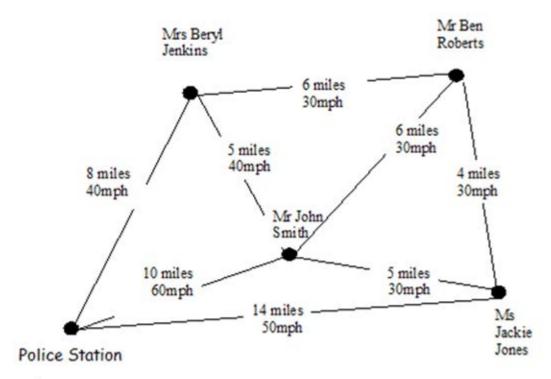


Police Activity

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A Police Officer needs to visit four different addresses who have reported burglaries, then return to the police station. She leaves the station at 0800hrs.

She allows 20 minutes per address to assist the homeowners. The map (not to scale) shows the location of each family address and the average driving speeds for each road.



1. Choose 2 different routes and use the space provided below to calculate how long it will take to complete each journey.

Route 1	Route 2

2. Identify which route is the quickest______

The Phonetic Alphabet

The phonetic alphabet is widely used as a method of communication in the Public Services. Can you complete the A-Z below?

N
0
P
Q
R
S
Т
U
V
W
Х
Y
Z

Work out what is being said below in the phonetic alphabet. Write your answers below.

Sierra, Tango, Alpha, Yankie Sierra, Alpha, Foxtrot, Echo

Papa, Romeo, Oscar, Tango, Echo, Charlie, Tango Foxtrot, Oscar, lima, lima, Oscar Whiskey

Indigo, November, Sierra, Tango Romeo, Uniform, Charlie, Tango, Indigo, Oscar, November, Sierra

> Sierra, Tango, Alpha, Yankie Indigo, November, Sierra, Indigo, Delta, Echo

CSI Activity

Identify the most appropriate response from the examples provided.

A)

C)

<u>D)</u>



Offer to help the victim clean up any broken glass left at the scene

Collect together any objects that may be useful for forensic testing

Establish the circumstances from the victim

Re-trace the route taken by the offender inside the premises



Sole of the shoes

Denim trousers

Leather jacket

Head hair combings



Door bell
Cupboard door
Bleach bottle
Stop tap



Rear view mirror

Drinks can

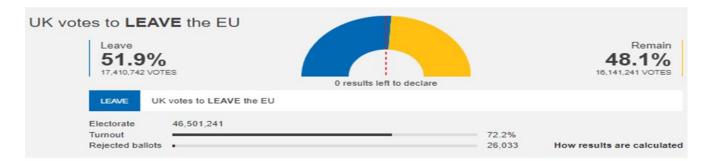
Steering wheel

Petrol receipt

Politics and Government

- 1. Who is the British Prime Minister? _____
- 2. Who is the Defense Secretary for the Armed Forces?
- 3. Who is the Commissioner of the Metropolitan Police Service (MPS) in London? _____

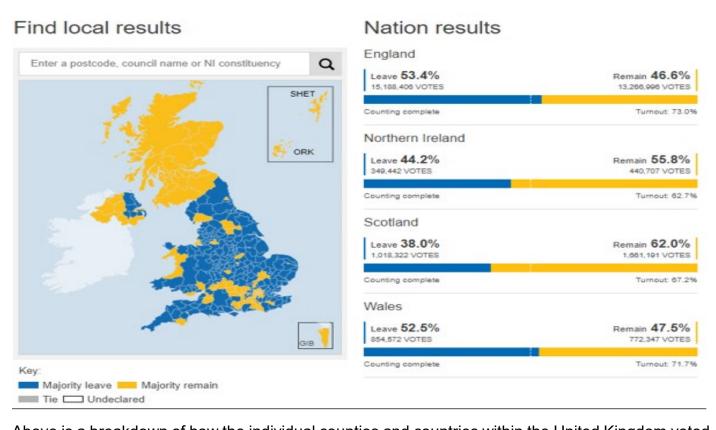
In June 2016 the British people were asked to vote in a referendum on the question "Should the United Kingdom remain a member of the European Union or leave the European Union?" Below are the results



4. What was the result of the referendum?

5. Identify 5 European countries and plot them on the map below





Above is a breakdown of how the individual counties and countries within the United Kingdom voted in the referendum.

Using this data can you identify and describe two trends emerging from the data displayed.
Trend 1
·
Trend 2
3

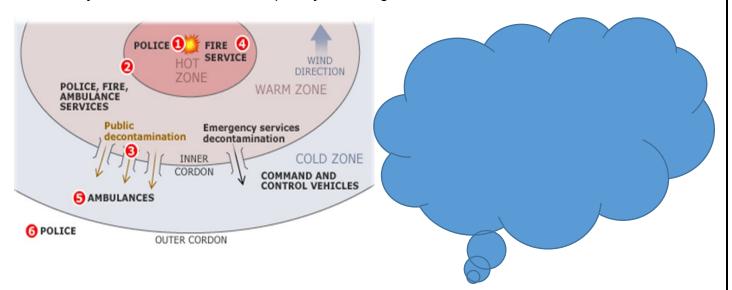
Emergency Planning and Response

In any Public Service, there are terms that we need to know and understand Some services are termed Blue Light Services.

Can you identify three?	
P	
F	
A	

This graphic shows a Major Incident cordon.

2. Why do we need cordons? Explain your thoughts here.....



Major Incident Command has three Levels of command named after precious metals.

3. What are they? (Clue – think about the Olympics)

G	••••••	 	 ····
S		 •••••	 ••
D			

eople,
ay or?

<u>Physical Fitness:</u> You need to be physically fit to join the Public Services. We are not looking for the next Mo Farrah or Serena Williams, as we will develop your levels of fitness whilst you study Public Services.

You will enjoy our practical sessions even more if your pre-existing levels of fitness are at a satisfactory level.

Get college ready and give this training program a try over the summer so that you're ready to smash your personal bests!

Aim for 3 – 5 sessions per week, increasing frequency/duration/intensity as you become fitter









Source: https://www.nhs.uk/live-well/exercise/gym-free-workouts/

Please make sure you exercise within your own limits, maintain adequate levels of hydration, are not suffering from pre-existing medical conditions or illness.

Always consult a relevant medical physician before commencing a structured exercise program

Further Research

Armed Forces

https://apply.army.mod.uk/how-to-join/can-i-join/fitness

Fire Service

https://www.fireservice.co.uk/recruitment/physical/

Police Force

https://www.college.police.uk/What-we-do/Standards/Fitness/Pages/default.aspx

How to get Fit

https://www.nhs.uk/live-well/exercise/free-fitness-ideas/

Top Apps for Public Services



1. 100% Army Fit

There is fit and then there is
British Army fit.
Be the best by using this app to
track your strength and running!



2. Bleep Test UK Police

This **app** allows you to easily and confidently practice the Multi Stage Fitness **Test** (MSFT), aka **Bleep Test**, for **police** officer recruits as defined by the College of Policing



3. Nike Training Club

The Nike Training Club app helps you reach your fitness goals with expertly designed workouts from professionals.



4. Sky News

Keep up to date with all the latest breaking news from around the world



5. BBC News

The app offers the BBC News Channel streamed live in the Video tab, social features and personalisation so you can reorder the news topics



6. Flipboard

News app that allows you to customise the stories only you want to read. Download the app, pick your interests and Flipboard creates a magazine for each.



7. Pocket Sergeant

Perfect app for those looking to join the Police Force. This app enables you to search criminal law definitions, learn whether there is enough to charge a suspect and when a crime should be submitted.



8. Essentials of Fire Fighting

Perfect app for those looking to join the Fire Service! Contains skill videos, tool identification, Exam prep and courses



9. OS Locate

Enhance your map reading skills by downloading this app. OS Locate is a fast and highly accurate means of pinpointing your exact location on the map, anywhere in the UK



10. Google Maps

This is the perfect for locating key destinations. You will also be able to find street view so you can find necessary locations.



11. Ask the Police

Contains latest news and useful responses to FAQ's answered by the police.



12. Couch to 5K or 10K

Designed to support you from the couch to running 5K or 10k.
Improve your fitness and stamina.