

Career Opportunities

In

Adult Care



L2 Adult Care Worker: This apprenticeship provides an ideal entry into the occupation and supports progression within the sector.

Job titles might include: Care Assistant, Care Worker, Support Worker, Personal Assistant, Relief Team Worker, Support Worker - Supported Living, Key Worker in Residential Settings, Key Worker in Domiciliary Services, Key Worker in Day Services, Home Care Support Worker, Substance Misuse Worker, Learning Disability Support Worker, Mental Health Support Worker, Mental Health Outreach Worker and Re-enablement Worker.

L3 Lead Adult Care Worker: Lead Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives. In addition, Lead Adult Care Workers have responsibility for providing supervision, frontline leadership, guidance and direction for others, or working autonomously, exercising judgement and accountability.

Typical job titles include Care Officer, Care Supervisor, Senior Care Worker, Supervising Care Worker, Senior Support Worker, Relief Team Leader, Social Work Assistant, Social Services Officer, Outreach Development Worker, Community Support Worker, Community Outreach Worker, Community Development Worker, Family Support Worker or Personal Assistant. These could all specialise in a variety of areas such as learning disability, mental health, drug and alcohol misuse, homecare, dementia and end-of-life care.

L5 Care Leadership/ Leader in Adult Care: The Leader in Adult Care will guide and inspire teams to make positive differences to someone's life when they are faced with physical, practical, social, emotional, psychological or intellectual challenges. They will be a leader of the care team and will develop and implement a values-based culture at a service or unit level. They may be responsible for business development, financial control, organisational resilience and continuity as well as for managing risk and leading on organisational change.

They may be a registered manager of a service, unit, deputy or assistant manager. They will be responsible for ensuring regulatory compliance of the care given and the values and training of staff with established standards and regulations.

Regulated professional roles: These roles mean you have to be registered with a regulated body to practice. They require relevant qualifications which might include an undergraduate degree or diploma.

Teaching/ Assessor/ Coaching roles: These roles use their professional expertise to support students looking to gain vocational qualifications.

Roles in the Care Sector

Direct Care Roles

These roles involve directly working with people who need care and support.

Activities worker: You'll organise social activities for people who need care and support, including trips out, entertainment and supporting people to take part.

Care worker: You'll support people with all aspects of their day to day living, including social and physical activities, personal care, mobility and meal times.

Personal assistant :You'll support an individual to live as independently as possible, usually in their own home or in the community.

Rehabilitation worker: You'll support people to live independently, often following an illness or accident, and help them access support with housing, finance, social activities and life skills such as cooking or budgeting.

Shared lives carer: You'll open up your home and family life to include someone who needs care and support. They might come and live with you all the time or be a daytime visitor for a few hours a week.

Advocacy worker: You'll support vulnerable people to have their voice heard and ensure that their best interests are taken into consideration when decisions are being made about their lives.

Management roles

These roles involve managerial responsibility where you could be responsible for managing a small team, or be the CEO of an organisation.

Team leader or supervisor: You'll lead or supervise a team of care workers to ensure they provide high quality care and support.

Manager: Depending on your level, you'll be responsible for the day to day running of the organisation, ensuring it meets standards and managing budgets and contracts.

Deputy manager or team manager: You'll lead and manager the care team. Helping them to deliver high standards across the organisation. You'll also play an important role in supporting the manager of the service.

Specialist coordinator, such as dementia or end of life care coordinator: You'll specialise in one area of care such as dementia or end of life care and take responsibility for training staff and putting policies in place.

Other social care support roles

Housing support officer: You'll provide housing related support and advice to ensure people keep their tenancy and live independently.

Volunteer coordinator: You'll be responsible for finding, managing and coordinating volunteers across an organisation or location.

Social care prescriber: You'll connect people with non-medical support in the community to improve their wellbeing and tackle social isolation.

Welfare rights officer: You'll advise people around matters relating to legislation such as housing benefits, disability living allowances, employment benefits and rent support.

Employment advisor: You'll support people who need care and support to find and maintain employment.

Administration roles including finance, HR and marketing: You'll carry out administration tasks to support the organisation in finance, HR and marketing.

Regulated professional roles

These roles mean you have to be registered with a regulated body to practice. They require relevant qualifications which might include an undergraduate degree or diploma.

Social worker: You'll offer counselling and advocacy to individuals and families, and intervene where vulnerable people need safeguarding.

Occupational therapist: You'll work with people with physical, mental or social disabilities to help do everyday activities such as with physical rehabilitation or equipment for daily living.

Nurse (including nursing associate): You'll perform clinical tasks to people in a nursing home/ hospital or in the community.

Complementary therapist: You'll provide complementary therapies such as reflexology, massage and aromatherapy to people who may be experiencing emotional distress, pain or psychological issues.

Counsellor: You'll provide emotional support to help people overcome challenges for example bereavement, living with a long-term condition or drug or alcohol addiction.

Further information

Bury College Business Development team

<https://www.skillsforcare.org.uk/Careers-in-care/Job-roles/Job-roles-in-social-care.aspx>

National Careers Service <https://nationalcareers.service.gov.uk/webchat/chat/>

Speak to someone that can help you make an informed decision about your career.